

**TELANGANA STATE PUBLIC SERVICE COMMISSION:: HYDERABAD SCHEME  
OF EXAMINATION AND SYLLABUS TO THE POST OF SCHOOL ASSISTANT  
(PHYSICAL EDUCATION) OF TRT**

**Duration: 3 Hours**

<b>PART NO.</b>	<b>SUBJECT</b>	<b>SYLLABUS LEVEL</b>	<b>NO. OF MARKS</b>	<b>NO. OF QUESTIONS</b>
I	GENERAL KNOWLEDGE AND CURRENT AFFAIRS		10	20
II	GENERAL ENGLISH	The syllabus for English shall be based on proficiency in the language, elements of language, elements of comprehension abilities standard up to Secondary Level (X Class)	10	20
<b>CONTENT</b>				
III	HISTORY, PRINCIPLES AND FOUNDATIONS OF PHYSICAL EDUCATION	B.P.Ed syllabus of the Telangana State.	06	12
IV	ANATOMY AND PHYSIOLOGY		06	12
V	EDUCATIONAL TECHNOLOGY AND METHODS OF TEACHING IN PHYSICAL EDUCATION:		05	10
VI	OLYMPIC MOVEMENT		04	08
VII	KINESIOLOGY AND BIOMECHANICS		04	08
VIII	HEALTH EDUCATION AND ENVIRONMENTAL STUDIES		05	10
IX	MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION		04	08
X	RECREATION AND LEISURE MANAGEMENT		03	06
XI	SPORTS TRAINING		05	10
XII	CONCEPTS OF WELLNESS MANAGEMENT		04	08
XIII	SPORTS PSYCHOLOGY AND SOCIOLOGY		04	08
XIV	SPORTS MEDICINE, PHYSIOTHERAPY AND REHABILITATION		05	10
XV	SPORTS MANAGEMENT		04	08

XVI	CONCEPTS OF YOGA		05	10
XVII	OFFICIATING AND COACHING		12	24
XVIII	RESEARCH AND STATISTICS IN PHYSICAL EDUCATION		04	08
	<b>Total</b>		<b>100</b>	<b>200</b>